

Tips on calling an elected official from 1000 Friends of Oregon

Identify yourself as a constituent and give your name and address.

Define the issue with a specific bill number or name.

Acknowledge the elected official (or staff person) by asking about their position and requesting a vote in your favor.

Show respect by listening to their responses and thanking them.

Using the Legislative Information and Citizen Access Line, you may leave a voice mail for one or more legislators or speak to an operator about other requests (such as your legislator's direct number, information concerning a bill's status, etc.):

(800) 332-2313: In-state calls during legislative session only

(503) 986-1187: Calls from Salem or from out-of-state

(503) 986-1467: TDD access both in and out of the state